

## Improving Household Nutrition Security and Public Health in the CARICOM (FaN) Bulletin- November 2018

*During the month of November, the FaN project conducted three (3) workshops- a one-day focus group in Saint Vincent and the Grenadines (SVG), one-day Farm-to-Fork project follow-up in St. Kitts and Nevis (SKN) and the joint SKN and SVG Group Model Building Workshop:*

### ONE-DAY FOCUS GROUP, KINGSTOWN, ST. VINCENT AND THE GRENADINES, 2 NOVEMBER 2018

Stakeholders from St. Vincent & the Grenadines (SVG) included representatives from the Ministry of Health (MOH), Ministry of Education (MOE), Ministry of Agriculture (MOA), international and regional organizations, private industry and civil society. The meeting was held at the Beachcombers Hotel in Kingstown with researchers of FaN.



**Back from left:** Lennox Lampkin (Lampkin's Natural Farms), Andrea Robin (MOH), Simone Keizer-Beache (MOH), Arlette Saint Ville (McGill University), Colville King (MOA), Nigel Unwin (University of Cambridge), Wendy Michael (MOH) **Middle from left:** Coleen Phillip (FAO), Audrey Butler-Walters (Women in Agriculture for Rural Development), Currel Thompson-Fergus (MOA), Laura Anthony Browne (National Zero Hunger Project), Madhuvanti Murphy (UWI Barbados), Cornelia Guell-Unwin (University of Exeter), Dellarice Duncan (Massy Stores), Lyllette Latham (Women in Agriculture for Rural Development) **Front from left:** Alafia Samuels (UWI Barbados), Waneisha Jones (UWI Barbados), Grace St. Joel Warren (Zero Hunger Trust Fund), Joycelyn Lampkin (Chamber of Agriculture and Nutrition), Beverly Neptune (MOE), Emris Stapleton (MOA), Michelle Jackson (MOA), Gregory Linton (CARDI) **Inset:** Cuthbert Knights (MOH)

### Four (4) areas for interventions were identified:

1. Nutrition-sensitive farming + production
2. Nutrition-sensitive agro-processing/storage
3. School feeding and Nutrition for Women of child-bearing age
4. Creating consumer demand for healthy foods

The proceedings were closed with remarks by Mr. Knights, Permanent Secretary in the Ministry of Health.

### FARM-TO-FORK (F2F) PROJECT FOLLOW-UP, BASSETERRE, ST. KITTS AND NEVIS, 20 NOVEMBER 2018

It has been four (4) years since the completion of the F2F project, and this one-day meeting brought together people and organizations in St Kitts and Nevis that were involved. Stakeholders and researchers reflected on the successes, challenges and lessons learned through implementing the community-based F2F model.



**Standing from left:** Waneisha Jones (UWI Barbados), Christopher Archibald (Nevis Christian Council), Karen Douglas (Sustainable Development), Keisha Liddie (St. Kitts MOH), Leon Williams (St. Kitts School Meals Centre), Lindbergh Belle (MOE School Farm), Josephine Johnson (JNF Hospital), Thelma Richard (Sustainable Development), Charmaine Metivier (UWI Trinidad), Keith Glasgow (Social Services), Nigel Unwin (University of Cambridge), Ian Chapman (FAO), Huey Sargeant (Nevis MOA), Steve Reid (Nevis Dep't of Agriculture), Arlette Saint Ville (McGill), Leroy Phillip (McGill), Augustine Merchant (IICA), Renell Daniel (Nevis MOH), Michael Henville (Nevis School Meals), Lorraine Archibald (Nevis MOH), Nadine Carty-Gaines (Nevis MOH), Leonor Guariguata (UWI Barbados), Ketrícia Arthur (UWI Barbados) **Seated from left:** Randy Elliot (Dep't of Agriculture), Nicole Slack-Liburd (Nevis MOH), Tigerjeet Ballayram (University of Technology), Thelma Phillip-Browne (SKN Ambassador to US), Gordon Hickey (McGill), Alafia Samuels (UWI Barbados), Christina Howitt (UWI Barbados)

Participants' top three (3) interventions for improving dietary patterns among children were:

1. Development of ICT-based social media campaign
2. Summer camps with healthy food demos
3. Strengthening of school farms and gardens



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**GROUP MODEL BUILDING WORKSHOP, BASSETERRE, ST. KITTS AND NEVIS, 21-22 NOVEMBER 2018**

**Day 1**

Stakeholders and researchers of FaN met at the Ocean Terrace Inn, for the group model building workshop.



**Standing:** Back from left- Gordon Hickey (McGill), Huey Sargeant (Nevis MOA), Augustine Merchant (IICA), Solomon Morton (St. Kitts Farmers' Cooperative), Neri James (SVG MOH), Arlette Saint Ville (McGill), Tracy Parris (Pink Lily Cancer Care), Clyde Fitzpatrick (SVG Soup Kitchen), Nigel Unwin (University of Cambridge), Eric Browne (St. Kitts MOA) **Middle from left-** Katrina Smith (PAHO), Charmaine Metivier (UWI Trinidad), Jerrel Stapleton (SVG Gloja's Trading Ltd), Christina Howitt (UWI Barbados), Heather Harewood (UWI Barbados), Kistian Flemming (CARDI), Melvin James (St. Kitts MOA) **Front from left-** Dorothy Warner (St. Kitts MOE), Vera Edwards-France (St. Kitts MOH), Grace St. Joel Warren (SVG Zero Hunger Trust Fund), Tigerjeet Ballayram (University of Technology), Sylvonne Jack (SVG Ministry of Trade), Thelma Phillip-Browne (SKN Ambassador to US), Natalie Greaves (UWI Barbados), Waneisha Jones (UWI Barbados), Ketricia Arthur (UWI Barbados) **Seated from left:** Julia Richardson (SVG Vee Jay's Restaurant), T-Sean Flemming (Gideon Force), Leonor Guariguata (UWI Barbados), Leroy Phillip (McGill), Madhuvanti Murphy (UWI Barbados), Alafia Samuels (UWI Barbados)

Three (3) teams, SVG, St. Kitts, and Nevis, each built their own causal loop diagrams on Day 1.



Mr. Huey Sargeant (Nevis MOA) explaining the Nevis model



Mr. Clyde Fitzpatrick (SVG Soup Kitchen) explaining the SVG model

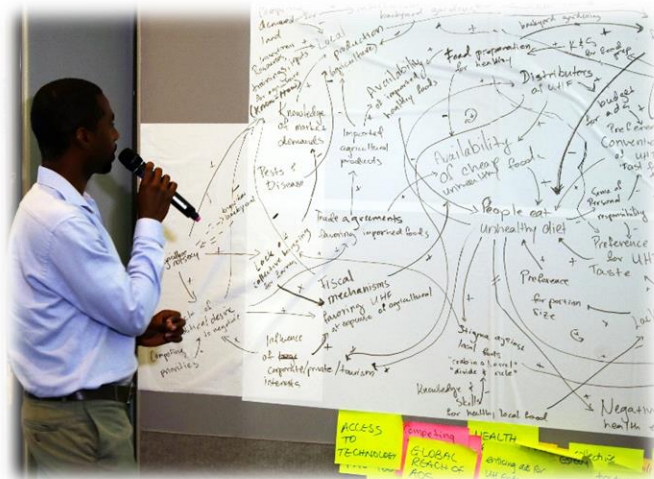
**Day 2**

A unified model, based on the work done on Day 1, was shared discussed and amended. Then, key areas for interventions were identified, which included:

1. Strengthening knowledge, skills, and practice for healthy eating
2. Promoting healthy eating environments in schools
3. Tax and fiscal measures
4. Strengthening local agriculture
5. Limiting the influence of unhealthy foods

The workshop reports will be made available in due course. For more updates please like our Facebook [page](#).

This work is carried out with the aid of a grant from the International Development Research Centre, Ottawa, Canada.



Mr. Kistian Flemming (CARDI SKN) explaining the St. Kitts model

