Improving Household Nutrition Security and Public Health in the CARICOM (FaN) Bulletin - November 2018

During the month of November, the FaN project conducted three (3) workshops - a one-day focus group in Saint Vincent and the Grenadines (SVG), one-day Farm-to-Fork project follow-up in St. Kitts and Nevis (SKN) and the joint SKN and SVG Group Model Building Workshop:

ONE-DAY FOCUS GROUP, KINGSTOWN, ST. VINCENT AND THE GRENADINES, 2 NOVEMBER 2018

Stakeholders from St. Vincent & the Grenadines (SVG) included representatives from the Ministry of Health (MOH), Ministry of Education (MOE), Ministry of Agriculture (MOA), international and regional organizations, private industry and civil society. The meeting was held at the Beachcombers Hotel in Kingstown with researchers of FaN.

FARM-TO-FORK (F2F) PROJECT FOLLOW-UP, BASSETERRE, ST. KITTS AND NEVIS, 20 NOVEMBER 2018

It has been four (4) years since the completion of the F2F project, and this one-day meeting brought together people and organizations in St. Kitts and Nevis that were involved. Stakeholders and researchers reflected on the successes, challenges and lessons learned through implementing the community-based F2F model.

Four (4) areas for interventions were identified:

1. Nutrition-sensitive farming + production
2. Nutrition-sensitive agro-processing/storage
3. School feeding and Nutrition for Women of childbearing age
4. Creating consumer demand for healthy foods

The proceedings were closed with remarks by Mr. Knights, Permanent Secretary in the Ministry of Health.

Participants’ top three (3) interventions for improving dietary patterns among children were:

1. Development of ICT-based social media campaign
2. Summer camps with healthy food demos
3. Strengthening of school farms and gardens

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GROUP MODEL BUILDING WORKSHOP, BASSETERRE, ST. KITTS AND NEVIS, 21-22 NOVEMBER 2018

Day 1

Stakeholders and researchers of FaN met at the Ocean Terrace Inn, for the group model building workshop.

Standing: Back from left - Gordon Hickey (McGill), Huey Sargeant (Nevis MOA), Augustine Merchant (ICA), Solomon Morton (St. Kitts Farmers’ Cooperative), Neri James (SVG MOH), Arlette Saint Ville (McGill), Tracy Parriss (Pink Lily Cancer Care), Clyde Fitzpatrick (SVG Soup Kitchen), Nigel Unwin (University of Cambridge), Eric Browne (St. Kitts MOA)

Middle from left - Katrina Smith (PAHO), Charmaine Metivier (UWI Trinidad), Jerrel Stapleton (SVG Gloja’s Trading Ltd), Christina Howitt (UWI Barbados), Heather Harewood (UWI Barbados), Kistian Flemming (CARDI), Melvin James (St. Kitts MOA), Jerrin Stapleton (SVG Gloja’s Trading Ltd), Christina Howitt (UWI Barbados), Heather Harewood (UWI Barbados), Kistian Flemming (CARDI), Melvin James (St. Kitts MOA), Jerrin Stapleton (SVG Gloja’s Trading Ltd), Christina Howitt (UWI Barbados), Heather Harewood (UWI Barbados), Kistian Flemming (CARDI), Melvin James (St. Kitts MOA), Jerrin Stapleton (SVG Gloja’s Trading Ltd), Christina Howitt (UWI Barbados), Heather Harewood (UWI Barbados), Kistian Flemming (CARDI), Melvin James (St. Kitts MOA)

Front from left - Dorothy Warner (St. Kitts MOE), Vera Edwards-France (St. Kitts MOH), Grace St. John (SVG Zero Hunger Trust Fund), Natalie Greaves (UWI Barbados), Waseeha Jones (UWI Barbados), Ketricia Arthur (UWI Barbados), Madhuvanti Murphy (UWI Barbados), Alafia Samuels (UWI Barbados)

Seated from left - Julia Richardson (SVG Vee Jay’s Restaurant), T-Sean Flemming (Gideon Force), Leonor Guariguata (UWI Barbados), Leroy Phillip (McGill), Madhuvanti Murphy (UWI Barbados), Alafia Samuels (UWI Barbados)

Three (3) teams, SVG, St. Kitts, and Nevis, each built their own causal loop diagrams on Day 1.

Day 2

A unified model, based on the work done on Day 1, was shared discussed and amended. Then, key areas for interventions were identified, which included:

1. Strengthening knowledge, skills, and practice for healthy eating
2. Promoting healthy eating environments in schools
3. Tax and fiscal measures
4. Strengthening local agriculture
5. Limiting the influence of unhealthy foods

The workshop reports will be made available in due course. For more updates please like our Facebook page.

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